

## *What are we doing to follow the COVID guidelines?*

As we re-open in Phase 1, here are some things we are doing. When/if we get to Phase 2, or as guidelines change for facilities and camps, we will adapt as well. We don't want anyone to participate in practices, meets or camps if they feel uncomfortable. We understand that many people feel apprehensive in this new normal we currently find ourselves in. We are doing all we can to keep everyone safe!

## Practice

- We have the space required to meet the social distancing guidelines.
- Guidelines state masks are required when athletes aren't working out or aren't able to socially distance.
- We will be sanitizing everything more frequently, and have touchless soap dispensers.

We also have the required COVID information posted around the building which includes:

- Anyone who has symptoms, has had contact with a COVID 19 patient, or has a compromised immune system or chronic disease will not be admitted.
- Anyone who has recently traveled to NY, NJ, CT or New Orleans will not be admitted.

## Meets

The same as practice, AND meet participant numbers will be limited to follow the number guidelines for participants and spectators.

## Camps

All that is listed for practice and meets and also (but not limited to):

- updated online medical form included with registration
- strict sanitizing/cleaning and hand sanitizers in all areas for campers
- distancing guidelines for sleeping arrangements
- masks will be available for all campers
- washing towels for campers
- changing some of the competition games for our non-vaulting sessions
- keeping our outside mealtime seating arrangements distanced
- screenings and temperature at check in
- daily temperature and health checks
- not allowing campers from NY, NJ, CT or New Orleans